At USC, we provide a wide range of benefit options to help meet your health needs and goals. Medical, dental and vision coverage help keep you and your family healthy.
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<td>Member Portal</td>
</tr>
</tbody>
</table>
USC is committed to offering you high quality and affordable health care coverage options with plans that access USC Keck medical providers as well as providers outside the USC family who have been carefully chosen to give you the best care.

FOR HELP GETTING STARTED
Visit employees.usc.edu/health-benefits for resources to help you make your health benefits selections.
If you still have questions about benefits or enrolling, contact the HR Service Center at uschr@usc.edu or 213-821-8100, or USC Health Plans at healthplans@usc.edu or 213-740-0035.
WHAT’S MOST IMPORTANT TO YOU?

QUALITY
All our plans offer top-quality services and access to providers. Our goal is to make USC-provided care more affordable and convenient to the Trojan Family.

USC DOCTORS
To see Keck Medicine of USC world-class physicians providing primary and specialized care, enroll in the USC Trojan Care EPO, USC EPO Plus or the USC PPO Plan.

KEEPING YOUR CURRENT DOCTOR
Unless you’re currently in the Kaiser plan, there’s a good chance your current doctor participates in one of the offered plans. To keep your Kaiser doctor, you must enroll in the Kaiser HMO Plan.

COST
Be sure to compare the total costs under each plan. Consider out of pocket costs like deductibles, office visit copays and prescription copays.

PROVIDER CHOICE
All of our medical plans provide a full range of services and convenient locations. For access to out-of-network providers, you should enroll in the USC PPO Plan.

CONVENIENCE
Keck Medicine of USC is continually expanding its network of providers throughout Southern California to ensure you find the medical care you need close to home or work.
## USC MEDICAL PLANS

### USC Trojan Care EPO
- An affordable plan designed for employees who reside in California
- Offers access to Keck Medicine of USC providers and other high quality selected Anthem providers located within six Southern California counties
- No authorization needed to see a specialist
- No out-of-network coverage (except for urgent care and emergencies)
- Access to Lyra Health services providing care for mental/emotional health and Livongo Diabetes Program at no cost to you
  
  [employees.usc.edu/epo](http://employees.usc.edu/epo)

### USC EPO Plus
- An affordable plan designed for employees residing in California who cover dependents that reside out of state or in Northern California
- Employees and their covered dependents residing in California have access to Keck Medicine of USC providers and other selected Anthem providers within six Southern California counties
- Only dependents who reside out of state or in Northern California also have access to select Anthem Prudent Buyer/BlueCard providers
- No authorization required to see a specialist
- No out-of-network provider coverage (except for urgent care and emergencies)
- Access to Lyra Health services providing care for mental/emotional health and Livongo Diabetes Program at no cost to you
  
  [employees.usc.edu/epoplus](http://employees.usc.edu/epoplus)

### USC PPO
- Plan offers the most provider choice, but highest cost. Employees and their covered dependents have access to the entire network of providers, regardless of where each individual resides
- Access to Keck Medicine of USC providers
- Access to Anthem Prudent Buyer/BlueCard providers nationwide
- Access to Blue Cross Blue Shield Global® Core
- Offers coverage with non-network providers
- No authorization required to see a specialist
- Access to Lyra Health services providing care for mental/emotional health and Livongo Diabetes Program at no cost to you
  
  [employees.usc.edu/ppo](http://employees.usc.edu/ppo)

### Anthem HMO
- An HMO model plan for employees who reside in California
- This plan provides access to Anthem CaliforniaCare HMO provider network
- Requires referral from primary care physician to see a specialist
- No out-of-network coverage (except for emergencies)
  
  [employees.usc.edu/hmo](http://employees.usc.edu/hmo)

### Kaiser HMO
- An HMO model plan for employees who reside in Southern California
- Requires referral from primary care physician to see a specialist
- No out-of-network coverage (except for emergencies)
  
  [employees.usc.edu/kaiser-hmo](http://employees.usc.edu/kaiser-hmo)
All medical plans include no-cost preventive care, prescription drug coverage, and behavioral health and substance use disorder services.

Visit [hconline.healthcomp.com/usc](http://hconline.healthcomp.com/usc) for a plan comparison chart and tool, providing plan benefit details.

### Monthly Medical Plan Costs | By annual salary band

<table>
<thead>
<tr>
<th>EMPLOYEE</th>
<th>USC TROJAN CARE EPO</th>
<th>USC EPO PLUS</th>
<th>USC PPO</th>
<th>ANTHEM HMO</th>
<th>KAISER HMO</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>without incentive</td>
<td>with incentive</td>
<td>without incentive</td>
<td>with incentive</td>
<td>without incentive</td>
</tr>
<tr>
<td>Salary $53,000 or less</td>
<td>$157</td>
<td>$117</td>
<td>N/A</td>
<td>N/A</td>
<td>$271</td>
</tr>
<tr>
<td>$53,000.01-$104,000</td>
<td>$159</td>
<td>$119</td>
<td>N/A</td>
<td>N/A</td>
<td>$274</td>
</tr>
<tr>
<td>$104,000.01-$156,000</td>
<td>$167</td>
<td>$127</td>
<td>N/A</td>
<td>N/A</td>
<td>$288</td>
</tr>
<tr>
<td>$156,000.01-$250,000</td>
<td>$171</td>
<td>$131</td>
<td>N/A</td>
<td>N/A</td>
<td>$293</td>
</tr>
<tr>
<td>More than $250,000</td>
<td>$174</td>
<td>$134</td>
<td>N/A</td>
<td>N/A</td>
<td>$299</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>EMPLOYEE + ADULT*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salary $53,000 or less</td>
</tr>
<tr>
<td>$53,000.01-$104,000</td>
</tr>
<tr>
<td>$104,000.01-$156,000</td>
</tr>
<tr>
<td>$156,000.01-$250,000</td>
</tr>
<tr>
<td>More than $250,000</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>EMPLOYEE + CHILD(REN)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salary $53,000 or less</td>
</tr>
<tr>
<td>$53,000.01-$104,000</td>
</tr>
<tr>
<td>$104,000.01-$156,000</td>
</tr>
<tr>
<td>$156,000.01-$250,000</td>
</tr>
<tr>
<td>More than $250,000</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>EMPLOYEE + ADULT + CHILD(REN)*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salary $53,000 or less</td>
</tr>
<tr>
<td>$53,000.01-$104,000</td>
</tr>
<tr>
<td>$104,000.01-$156,000</td>
</tr>
<tr>
<td>$156,000.01-$250,000</td>
</tr>
<tr>
<td>More than $250,000</td>
</tr>
</tbody>
</table>

This is a summary only and does not include all the details, exclusions, or limitations about covered services.

For more details about coverage or costs, contact the HR Service Center at uschr@usc.edu or (213) 821-8100.

*Spousal surcharge may apply.
All medical plans include preventive care screenings at no cost to you and prescription drug coverage.

### MEDICAL COVERAGE

<table>
<thead>
<tr>
<th>Relative cost per paycheck</th>
<th>USC TROJAN CARE EPO</th>
<th>USC EPO PLUS</th>
<th>USC PPO</th>
<th>ANTHEM HMO</th>
<th>KAISER HMO</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$</td>
<td>$</td>
<td>$$$$</td>
<td>$</td>
<td>$</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Primary care physician (PCP) required?</th>
<th>No (But you can save by designating one)</th>
<th>No (But you can save by designating one)</th>
<th>No (But you can save by designating one)</th>
<th>Yes</th>
<th>Yes</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Out-of-network coverage?</th>
<th>Urgent Care and Emergency only</th>
<th>Urgent Care and Emergency only</th>
<th>Yes</th>
<th>Emergency only</th>
<th>Emergency only</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Preventive care cost</th>
<th>$0</th>
<th>$0</th>
<th>Tier 1: $0 Tier 2: $0 Tier 3: 50%+*</th>
<th>$0</th>
<th>$0</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Primary care visit cost</th>
<th>$20 copay ($10 copay with designated PCP)</th>
<th>$20 copay ($10 copay with designated PCP)</th>
<th>Tier 1: $25 copay ($15 copay with designated PCP) Tier 2: $40 copay ($30 copay with designated PCP) Tier 3: 50%+*</th>
<th>$20 copay</th>
<th>$25 copay</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Deductible (individual/family)</th>
<th>$100/$300</th>
<th>$100/$300</th>
<th>Tier 1: $125/$375 Tier 2: $275/$825 Tier 3: $600/$1,800</th>
<th>$0</th>
<th>$0</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Out-of-pocket maximum (individual/family)</th>
<th>$1,000/$3,000</th>
<th>$1,000/$3,000</th>
<th>Tier 1: $1,500/$4,500 Tier 2: $2,500/$7,500 Tier 3: $12,500/$37,500</th>
<th>$1,500/$4,500</th>
<th>$3,000/$6,000</th>
</tr>
</thead>
</table>

*If you use a Tier 3 (out-of-network) provider, you pay deductible and all charges above 50% of “usual and customary” fees.

### RETAIL PRESCRIPTION DRUG COVERAGE (30 day supply)

<table>
<thead>
<tr>
<th>Generic</th>
<th>$5 copay</th>
<th>$5 copay</th>
<th>$5 copay</th>
<th>$10 copay</th>
<th>$15 copay</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Brand (no generic available)</th>
<th>$25 copay</th>
<th>$25 copay</th>
<th>$25 copay</th>
<th>20% of cost ($30 min., $125 max.)</th>
<th>$35 copay (formulary only)</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Brand (generic available)</th>
<th>$70 copay</th>
<th>$70 copay</th>
<th>$70 copay</th>
<th>45% of cost ($50 min., $250 max.)</th>
<th>Not covered</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Specialty drug</th>
<th>$125 copay</th>
<th>$125 copay</th>
<th>$125 copay</th>
<th>Same as above except self-administered injectable drugs $200 (not including insulin)</th>
<th>$35 copay (formulary only)</th>
</tr>
</thead>
</table>
A healthy you from head to toe. Take care of all of you with Lyra Health, your gateway to emotional and mental well-being.

Connect with top therapists and coaches quickly, easily, and at no cost to you. It’s essential to take care of all the important parts of you—especially your mental and emotional well-being. Whatever you’re going through, Lyra can connect you to the right support, right away. Get started at usc.lyrahealth.com, care@lyrahealth.com, or call 844-495-7094.

WHAT’S INCLUDED:

SHORT-TERM, EVIDENCE-BASED CARE
Care provided by licensed clinical therapists and mental health coaches who work with Lyra includes specific therapy methods proven effective at relieving symptoms within a short period of time.

ACCESS TO AVAILABLE PROVIDERS AND DIGITAL CARE TOOLS
In addition to vetting all Lyra providers for quality and expertise, we also check their availability. Recommended providers are available to see you within two weeks. For support on-the-go, you can also meet via video or tap into digital care tools for an emotional boost anytime, anywhere.

NO COST TO YOU
No co-pays and no claims to file. USC covers the cost of benefit-eligible care, up to 25 sessions, for USC PPO Plan, USC Trojan Care EPO, or USC EPO Plus enrolled employees and their dependents.
LiveHealth Online is a two-way video consultation appointment conducted with a primary care physician, available to all members enrolled in the USC PPO, USC Trojan Care EPO and USC EPO Plus Plans. LiveHealth Online is available within the U.S. year-round, 24/7. During the consultation, physicians can:

- Answer questions
- Make a diagnosis
- Prescribe basic medication

**ACCESS IS SIMPLE**

1. Input your subscriber ID number, which begins with NP followed by the 7 digits of your employee ID number (NPXXXXXXX). This can be found on the front of your Plan ID card.

2. Select “Anthem Blue Cross and Blue Shield” when asked which insurance you have.

3. Employees and all covered dependents can access an online doctor visit by creating one LiveHealth Online account per adult. Children use the employee’s account with an individual profile.

**HOW IT WORKS**

Learn about system requirements by visiting livehealthonline.com.
Living with Diabetes?

**AN ADVANCED TECHNOLOGY MANAGEMENT TOOL IS NOW AVAILABLE AT NO CHARGE.**

Livongo for Diabetes is a new kind of Diabetes Management Tool. It offers personalized, relevant, and timely support using a combination of connected technology, digitally delivered health signals, and live, expert coaching.

Livongo users receive actionable insights to help maintain their health and see real, measurable clinical improvements in terms of reduced A1c levels and hypoglycemia.

The program is comprehensive, holistic, and available to USC Trojan Care EPO, USC EPO Plus, and USC PPO Plan members, completely free of charge.

Register at join.livongo.com/USCTROJANS/hi or call (800) 945–4355 with code: USCTROJANS

---

**ENROLL TODAY AND YOU’LL RECEIVE:**

- A connected glucose meter ($200 value)
- Unlimited strips
- Lancing device, lancets, and carrying case
- Personalized insights with each reading
- 24/7 access to Certified Diabetes Educators
- Free diabetes medicines for those enrolled in the USC Trojan Care EPO, USC EPO Plus, and USC PPO Plans

**$0 and FREE DELIVERY**

---

**KEY BENEFITS OF THE LIVONGO FOR DIABETES PROGRAM**

**More than a Standard Meter**
Your meter is connected and automatically uploads your blood glucose readings, as well as providing real-time tips.

**Coaching Anytime and Anywhere**
Our coaches are Certified Diabetes Educators who are available anytime via phone, text, or mobile app to give you guidance on your nutrition and lifestyle questions.

**Unlimited Strips at No Cost to You**
Get as many strips and lancets as you need, all shipped right to your door, with no hidden costs.

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Livongo®
Member Support 800–945–4355
For those enrolled in the USC Trojan Care EPO, USC EPO Plus and USC PPO Plans, designate a primary care physician for yourself and each of your covered dependents and receive a $10 copay discount on your office visit copay each time you visit your primary care physician.

Visit hconline/healthcomp.com/usc to register as a member and designate your primary care physician.
USC offers two plan choices: Delta Dental, a PPO that has an annual coverage maximum amount; or United Concordia, a dental HMO. You can compare the details of these choices at employees.usc.edu/dental.

Those enrolled in Delta Dental can access care at the Ostrow School of Dentistry and Faculty Practice located in the Engemann Student Health Center building at UPC. The annual deductible of $50 per person is waived when teeth cleaning and annual check up exams are provided by this dental office.

### Dental coverage

*Shown is employee cost for dental plans (salary reduction – pretax dollars)*

<table>
<thead>
<tr>
<th></th>
<th>Delta Dental</th>
<th>United Concordia</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Monthly</td>
<td>Biweekly</td>
</tr>
<tr>
<td><strong>Employee</strong></td>
<td>$20</td>
<td>$10</td>
</tr>
<tr>
<td><strong>Employee + adult</strong></td>
<td>$54</td>
<td>$27</td>
</tr>
<tr>
<td><strong>Employee + child(ren)</strong></td>
<td>$45</td>
<td>$22.50</td>
</tr>
<tr>
<td><strong>Employee + adult + child(ren)</strong></td>
<td>$91</td>
<td>$45.50</td>
</tr>
</tbody>
</table>
**Vision Service Plan offers three coverage tiers.** You can use Tier 1 USC Roski providers and Tier 2 VSP network providers. Tier 3 (Non-VSP) providers are available at reduced benefits.

### EYECARE AND EYEWEAR AT USC ROSKI EYE INSTITUTE

You can get comprehensive annual eye exams and contact lens evaluations at USC Roski Eye Institute’s HSC and UPC locations. Designer eyewear can be purchased at the HSC, UPC and USC Village optical shops. See the Roski website for more locations.

### OTHER VSP PROVIDERS

Visit vsp.com or call 800-877-7195 to find VSP Choice Network providers.

<table>
<thead>
<tr>
<th>Service</th>
<th>Tier 1 USC Roski Eye Institute</th>
<th>Tier 2 VSP network</th>
<th>Tier 3 Out of network</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Annual eye exam</strong></td>
<td>$0 copay</td>
<td>$15 copay</td>
<td>Up to $45 allowance</td>
</tr>
<tr>
<td><strong>Eyeglass frames</strong>*</td>
<td>$25 copay</td>
<td>$25 copay</td>
<td>Up to $55 allowance</td>
</tr>
<tr>
<td><strong>Eyeglass lenses</strong>*</td>
<td>$25 copay</td>
<td>$25 copay</td>
<td>Up to $85 allowance</td>
</tr>
<tr>
<td><strong>(every two years)</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Progressive lenses</strong>*</td>
<td>$55–$175 copay</td>
<td>$55–$175 copay</td>
<td>Up to $85 allowance</td>
</tr>
<tr>
<td><strong>(every year)</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Contacts exam and lenses</strong>*</td>
<td>$150 allowance</td>
<td>$150 allowance</td>
<td>$150 allowance</td>
</tr>
<tr>
<td><strong>(in lieu of glasses, every year)</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Only one copay applies when lenses and frames are purchased together.*

### Your Cost For Coverage

<table>
<thead>
<tr>
<th>Plan</th>
<th>Monthly</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employee</td>
<td>$9.64</td>
</tr>
<tr>
<td>Employee + adult</td>
<td>$13.38</td>
</tr>
<tr>
<td>Employee + child(ren)</td>
<td>$13.62</td>
</tr>
<tr>
<td>Employee + adult + child(ren)</td>
<td>$21.96</td>
</tr>
</tbody>
</table>

Verdugo Hills employees (as well as union-represented employees) should view plan options on their website.
Participate in the health assessment incentive program through Vitality and save up to $40 per month on your medical plan premium. Get started at employees.usc.edu/wellness-benefit.

The Vitality platform is designed to inspire healthy changes and guide you to resources for better health. As you become a frequent user, be on the lookout for wellness opportunities throughout the year.

Save $480 in 2023 by completing both steps during: January 1 through December 16, 2022.

Note: If you are a new hire in 2022, please see next page for separate instructions.

**EARN $40 MONTHLY**

Complete online questionnaire

Complete in-person health screening at your doctor’s office

Monthly (must be enrolled in a USC-offered medical plan—excluding Anthem MyChoice Plan)

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Your privacy is always protected

No one at USC (other than those involved in your clinical care) will see your online health questionnaire results or in-person health screening. Your results will not affect your eligibility for coverage or the amount you pay (other than the $40/month credit for completing the assessment).

For Vitality website support, contact Vitality Customer Service at (877) 224-7117 or wellness@powerofvitality.com

Powered by Vitality
As a USC new hire in 2022, you have the opportunity to qualify for a $40 per month incentive on your USC enrolled medical plan.

THE HEALTH ASSESSMENT INCENTIVE PROCESS:

• TO RECEIVE INCENTIVE IN 2022, COMPLETE STEP ONE OUTLINED BELOW.
  You will earn the incentive the month following completion.

• TO RECEIVE INCENTIVE IN 2023, COMPLETE STEP ONE (IF YOU HAVE NOT ALREADY DONE SO) AND STEP TWO OUTLINED BELOW BY DEC. 16, 2022.
  Whether you want to eat healthier foods, boost your activity, or manage your stress, USC is here to support you on your journey to better health.

  STEP ONE: The quick, confidential Virtual Health Review (VHR) online questionnaire helps you and your doctor identify lifestyle and health habits you can address to improve or maintain your health. It will only take about 20 minutes to complete, and you can save your answers and log back in to finish later.

  STEP TWO: Get your Vitality Check done with your doctor, which includes tests for body mass index, cholesterol, and blood sugar. While not absolutely necessary, accuracy of your blood sugar results is increased if you fast (water only) for 12 hours before your screening.

  THE CONFIDENTIAL RESULTS: Your health numbers will then be sent to Vitality to populate your personal feedback report, which you can share with your doctor and use to help improve and maintain your health.

For Vitality website support, contact Vitality Customer Service at (877) 224-7117 or wellness@powerofvitality.com

Powered by Vitality

YOUR PARTNER IN WELLNESS FOR 2022

To visit the Employee Gateway to SSO directly into the wellness site, go to employees.usc.edu/wellness-benefit and scroll to the bottom of the page. Click on Vitality wellness site—USC single sign on. The Vitality platform is designed to inspire healthy changes and guide you to resources for better health. As you become a frequent user, be on the lookout for wellness opportunities throughout the year.

PROGRAM PERIOD:
Saturday, Jan. 1 through Friday, Dec. 16, 2022.

IMPORTANT DATES:
You will receive the $40 per month incentive in 2023 the month following completion of the VHR. The sooner you begin, the sooner you save!
To earn the $40 per month incentive for 2023, you must complete the VHR AND Vitality Check by Dec. 16, 2022.

Note: No retroactive credits provided for periods missed. This credit is not available for covered dependents.

FAQ
WHAT’S IN MY FEEDBACK REPORT?

The feedback report combines your responses and results to return an overall “wellness score” and brief summary of what that means along with your responses, risk factors, and suggestions for ways to improve and maintain your health. The report also includes links to more information and resources, plus a printable lab report and doctor discussion guide.

IS MY PRIVACY PROTECTED?

Your privacy is protected—always. Combined results from all participating employees provide USC with "big picture" trends to create benefits to help all employees improve and maintain their health. No one at USC who is not involved in your clinical care sees any of your individual results. Your individual results will not affect your eligibility for health care coverage or the amount you pay for your coverage (other than the $40/month credit for completing the two steps outlined in the white box at left).
All 2022 expenses can be submitted to WageWorks beginning on Saturday, Jan. 1, 2022. The $220 incentive reimbursement is subject to taxes, including all federal and state withholding and employment taxes. Enrollment is open to all benefits-eligible employees (except for VHH, Local 11, and Las Vegas groups, which have different benefits). You must be employed by USC both at the time the expense is incurred and when your claim is approved by WageWorks to receive the reimbursement to your paycheck. Check your reimbursement status anytime online at the WageWorks site. Current WageWorks users will be able to access all benefits using their existing username and password. New users need to register by selecting “Login/Register” from the upper right-hand corner of the homepage at WageWorks.com. To view the eligible fitness items, please log in to your profile at WageWorks.com. Click USC Fitness Incentive, and you can find the link to the eligible list. If you have questions about eligible fitness items, please contact WageWorks Member Services at 877–924–3967.

A healthier lifestyle pays off

GET UP TO $220 REIMBURSEMENT FOR ELIGIBLE WELLNESS ACTIVITIES THROUGH WAGEWORKS.

USC’s Fitness incentive program is designed to encourage and support your healthy lifestyle. This program reimburses you up to $220 per year for eligible wellness activities including gym membership fees, fitness classes, and much more. If you are new to WageWorks, you may register and create an account where you can view a complete list of eligible expenses.

Learn more and join at WageWorks.com.

Q&A

HOW DO I RECEIVE REIMBURSEMENT?
Complete the claim form and submit online (or via fax or mail) as indicated on the form, along with appropriate documentation of payment. (See “Required supporting documents to process a claim” in the left column below.)

WHEN CAN I SUBMIT A CLAIM FORM?
You have 60 days after the end of the calendar year the expense was incurred to submit a reimbursement request for eligible expenses.

WHAT IF MY CLAIM IS FOR DATES OF SERVICE WHICH CROSS THE CALENDAR YEAR?
For claims that cross over into 2023, participants must resubmit a claim form.

SUBMITTING YOUR CLAIM IS SIMPLE
GO TO WAGEWORKS.COM.

USE EZ RECEIPTS MOBILE APP. You also use the EZ Receipts Mobile App to submit fitness “Pay Me Back” claims. To learn more about the EZ Receipts App, go to wageworks.com/myezreceipts.

REQUIRED SUPPORTING DOCUMENTS TO PROCESS A CLAIM
Documentation may be a scanned receipt, credit card/bank statement, document on fitness club letterhead, or other official documentation providing it has: 1. Employee’s name, 2. name of the service provider, 3. description of service, 4. payment amount (cost), and 5. service date/period.

ELIGIBILITY REVIEW. Your submitted expense receipt will be reviewed for eligibility. Payment for approved claims will appear on the next paycheck, which is typically one to two payroll cycles after approval.
A single membership lets you access gyms and studios, live-streamed classes, personal training, wellness apps and an array of on-demand fitness content.

THREE STEPS TO GET STARTED:

REGISTER
Create your free account
Sign up with your primary work email address on the Gympass App or at gympass.com/us/usc-us. You will also need your 7-digit employee ID number.

CHOOSE YOUR PLAN
Find gyms and wellness partners
Select the plan that includes the options of interest to you. Once activated, the gyms and partners available to you will be displayed when you are logged in.

START USING GYMPASS
Begin exploring the wellness options available
Access gyms and studios, sign up for a live class, download a wellness app, or book your first 1:1 virtual personal training session.

HOW DO I SIGN UP MY DEPENDENTS?
Once you activate your plan, click Add a Dependent on your homepage. Enter their information and they will receive a welcome email from Gympass.

MY FAVORITE GYM ISN’T PART OF THE NETWORK. CAN YOU ADD IT?
We take referrals! Our Gym Partnerships team is constantly working to grow our network. Submit your referral via your Gympass account by clicking on Profile and then Refer a gym. Fill out the required fields and we will update you if it’s added to our network.

HOW DO I CHANGE OR CANCEL MY PLAN? IS THERE A CHARGE?
There is no enrollment fee or minimum contract length. You can make changes to your plan at any time by logging into your account and following these easy steps: select Profile > Plan Management > Change, Pause or Cancel Plan. If you need assistance or have questions, go to the Help Center within the app to chat with a Gympass representative. The active plan at the time of cancellation will continue through the end of the monthly billing cycle.

WHAT GYMS/STUDIOS ARE NEAR ME?
Head to digital.gympass.com/usactivation to find the facilities near you available in each Gympass plan.

GYMPASS

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My favorite gym isn’t part of the network. Can you add it?
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What gyms/studios are near me?
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CONSOLIDATED MEMBER HEALTH SITE
This single-source site allows you to:

- search for network providers
- download member forms
- easily compare medical, dental and vision plan options

Consolidated member health site: hconline.healthcomp.com/usc

USC University of Southern California

Health Plans

Compare Health Plans
Find the best plan option for you. This feature is available to both members and guests.

Find A Provider
Search for a provider in the USC PPO, USC Trojan Care EPO, and USC EPO Plus Plan. This feature is available to both members and guests.

Member Forms
Download member forms for the USC PPO, USC Trojan Care EPO, and USC EPO Plus Plan. Available forms include Out-of-Network Claims and Requests for Accident Details.

Are you a provider trying to look up a claim?